



The Scholé Way with Christopher Perrin

Lecture I: The Scholé Way – Recovering Restful Learning

Outline:

In this lesson, Dr. Christopher Perrin introduces the concept of scholé, exploring its historical roots and its relevance in modern education. He discusses how restful, undistracted study fosters contemplation, wonder, and virtue, and provides practical ways to integrate scholé into schools and homeschools.

"All men by nature desire to know." – Aristotle, *Metaphysics*

Introduction to Scholé

- Definition and historical background of scholé
- The irony of scholé as the root of "school"
- The role of restful learning in education

The Philosophical Foundations of Scholé

- Aristotle's perspective on knowledge and desire
 - Connection between desire and contemplation
- The necessity of undistracted study for virtue and wisdom
- The importance of harmony between restful and active learning

Scholé in Classical Thought

- Aristotle's *Politics* (Books 7 and 8) on scholé
- The necessity of leisure for virtue and wisdom
- Historical perspectives on restful study

The Practical Benefits of Scholé

- How scholé fosters wonder and contemplation
- The role of restful learning in the development of wisdom
- The impact of scholé on classroom culture