



ParentU with Justin Whitmel Earley

Lessons 1-5: Classical
Education & Habits of
the Household

Outline:

Lesson 1: Classical Education & Habits of the Household

- Formation is happening in the walls of the school.
- We become our habits, and our kids become us. Our habits are arguably the most important thing in our children's spiritual formation.

Lesson 2: Christian Calling with Justin Whitmel Earley

- Our heart follows the habit.
- The invisible water of American habits is going to form us spiritually.

Lesson 3: Invisible Habits & Real Discipleship

- Why are habits invisible?
 - Neurology
 - Theology
- You can think of habits as invisible liturgies. They are small, repeatable actions. Liturgies own up to being about worship. Habits will almost always obscure what we worship.
- We get a spiritual crisis when we don't pay attention to the life of habit. Jesus wants a whole person in real discipleship.

Lesson 4: Ordinary Patterns

- When we abdicate thinking about habits, we abdicate them to someone who is thinking about habits for us.
- The places you live in, work in, the technology you use are giving you a normal that is not neutral.
- Where are these ordinary patterns taking us?

Lesson 5: Attention is Life

- You become what you behold.
- Attention is life. Where our gaze goes, there our hearts go also.
- We need to unearth this reality that our gaze forms our hearts in the age of screens.