



ParentU with Justin Whitmel Earley

Lessons 16-20: Classical
Education & Habits of
the Household

Outline:

Lesson 16: Communities Who Eat Together

- Church is not just a podcast platform where you consume a sermon, hopefully you are thinking about a community of people who you eat with.
- Hopefully you are thinking about a school that is actually interested in rhythms and modes of communities so that your children are taught about how to be friends with each other.

Lesson 17: Beginnings and Endings

- How we wake up in an incredibly spiritual endeavor.
- Am I waking up to the story of God and inviting my children into it?
- Send everyone out in love.
- At the end of the day, God loves you no matter what

Lesson 18: Habit Formation & Physical Formation

- Include something that is a communal activity in your space (piano, fireplace, games, or books).
- We want the family to be a place of presence, not of absence.
- Have a small place for your phone at home.

Lesson 19: Screen Limitations

- Worldview is dismantled by electronic formation.
- The fight over screen time is a fight about formation. Who are the kinds of people that we are going to become if we use technology in this way?
- Think about rhythms as limitations on screens. Look at rhythms and habits of life that are barriers that protect real life, and to keep us from the default rhythm of going to the screen.
- Placement of screens in the house is important.
- Don't ignore the hard work of curating content. What are great stories? Which shows have great characters, or examine great themes? We have to curate the content for our children.

Lesson 20: Attention

- Think hard about how our devices are actually configured.
- Attention is the most valuable thing that you have. The medium of love is presence.
- How will we learn to pray if we do not turn our devices off?



- We have a lot of room to grow when it comes to technology.
- Where are your devices? What are the settings your devices? Where are they headed, and how are they affecting our children?