



Living the Liturgy: The Rhythm of Sacred Time

with Dr. Christopher Perrin, Dr. Junius Johnson, & Christine Perrin, MFA



Webinar Components

- ❖ **Synopsis:** Join host Dr. Christopher Perrin and Dr. Junius Johnson for a discussion on living according to the liturgical calendar. What is the liturgical calendar, why is it important, and how do we incorporate it in our daily lives? Dr. Perrin and Dr. Johnson share their experience and wisdom as we enter into the season of Lent! Enter the Lenten season contemplatively and liturgically, and find rest for you, your family, and classroom.
- ❖ **Presentation**
- ❖ **Audience Q & A to follow**



Outline

- I. Liturgical rhythms
 - A. Time
 - B. Feeling out of sync
 - C. Feasts
- II. Time as sacramental
 - A. Time as a place of where we encounter God
- III. How the Church helps us to enter time sacramentally
 - A. The order of worship bringing oneself under the spiritual realities already present
 - B. Tuning oneself to historical, redemptive time
 - C. Participating in the works of worship (embodied practices) even during Ordinary Time
- IV. Fasting & feasting
 - A. Prepares us for our ultimate purpose
 - B. Hollowing out our lives because God promises to meet with us
- V. Liturgical learning
 - A. Apply church liturgies to education

Q & A

Some questions that were answered in the webinar

- What are your favorite resources to dig deeper into these ideas presented?
- How does fasting and feasting translate into the classroom?



I. Where you can find Junius:

A. Websites:

1. [Junius Johnson Academics](#)
2. www.juniusjohnson.com

B. [Schedule a meeting here](#)

II. Webinar Resources

A. Junius's Resources

1. Books

- a) [Heavenly Participation by Hans Boersma](#)
- b) [Leisure the Basis of Culture by Pieper](#)
- c) [Secular Age by Charles Taylor](#)
- d) [Find his titles here](#)

2. Articles & Essays

- a) [Read more articles and reviews here](#)
- b) [Scholé Communities blog](#)

3. Podcast & Radio Interviews

- a) [ClassicalU podcast Episode 4](#)
- b) [The Classical Mind](#) podcast
- c) [The Consortium Podcast Episode 40](#)
- d) [Classical Riffs](#)

B. Recommended Reading:

1. [Only the Lover Sings](#) by Josef Pieper
2. [Heavenly Participation](#) by Hans Boersma
3. [Secular Age](#) by Charles Taylor
4. [Consolation of Philosophy](#) by Boethius
5. [The Festive School](#) by Nathan Carr
6. [Sonny's Blues](#) by James Baldwin
7. [Treasure in Earthen Vessels](#) by Stephen Muse
8. [For the Life of the World](#)
9. [The Divine Hours \(Volume Three\): Prayers for Springtime: A Manual for Prayer](#)
10. [Treasure in Earthen Vessels](#)
11. [The Divine Hours \(Volume Three\): Prayers for Springtime: A Manual for Prayer](#) by Malcolm Guite
12. [The Divine Hours](#) compiled by Phyllis Tickle
13. [The Divine Hours \(Volume Three\): Prayers for Springtime: A Manual for Prayer](#) by Malcolm Guite



14. [The Intellectual Life: Its Spirit, Conditions, Methods](#)
15. [Augustine's Confessions](#)
16. [Word in the Wilderness: A poem a day for Lent and Easter](#), Malcom Guite
17. [The Jesse Tree](#) by Geraldine McCaughrean
18. [Grandpa's Box](#) by Starr Meade
19. [The Doctrine of Repentance](#) by Thomas Watson
20. [Every Moment Holy](#)

C. **Related Resources:**

1. [A Scholé Guide to Lent - 2024](#)
2. [Scholé Communities blog](#)
3. [Principles of Classical Pedagogy: Lesson 6: Embodied Learning 3—Liturgical Learning](#) on ClassicalU.com
4. [Scholé Collective- Liturgical Lent Playlist](#)
5. [ClassicalU podcast Episode 4](#)
6. [The Classical Mind](#) podcast
7. [The Consortium Podcast Episode 40](#)
8. [Classical Riffs](#)
9. [A 40 Day Devotional for Worship - St. Matthew Passion](#)
10. [St. Matthew's Passion \(YouTube\)](#)
 - a) [St. Matthew's Passion \(SoundCloud playlist\)](#)
11. [A Guide to Bach's St Matthew Passion -James Gilchrist & King's College Choir](#)
12. [Resurrection Letters Anthology](#) album by Andrew Peterson
13. [Glory to the Holy One](#) Sacred Music for the People of God
14. [Lent in Ephesus](#) - Benedictines of Mary, Queen of Apostles
15. [Andrew Wyeth](#)