



## Science and the Symphony of Creation with John D. Mays

### Episode 2: Discovery in Creation

#### Outline:

##### Discovery in Nature

- If creation plays a role in discipleship, as it has for thousands of years, we must be in creation so that discovery can occur.
  - Discovery begins at age 0. Children need to play in the dirt to build their immune systems.
  - “Normal” exposure: riding bikes, playing at the creek, farms, woods, mountains, sea, stars.
    - Our exposure to nature is less than it used to be.
    - Screen time is a big issue. Students can fall into the rut of playing video games and being on social media.
    - Not being in nature is affecting both mental health and physical health.
    - Be thinking about how to organize time to provide the deepest possible nature experiences for your children.
- Elementary grades:
  - Go outside.
  - Emphasize observation, sketching, and journaling.
  - Emphasizing the actual over textbooks.
  - Gardens, aquariums, animals (even mating and birthing)
- Middle school grades:
  - Go outside.
  - Microscopes and telescopes
  - Aquariums and terrariums
  - Annual science trips and astronomy parties
  - Observation, sketching, and journaling
  - Show your fascination, not your routine.
  - Take time on vacation to play and explore in parks.
- Upper school grades:
  - Go outside.
  - Slow down (be countercultural, abandon idolatry, study obeying God rather than man). Fast from social media. Put rules around the use of tech and social media.
  - Practice meditating (Psalm 104) and praying in nature.
  - Be willing to discuss everything.
    - For example: the topic of evolutionary theory
  - Study (2 Timothy 2:15).